

# League Rules at a Glance

Updated Spring 2018

League	Age Group	# of players on field	Ball	Duration	Halftime	Offside	Restarts	Subs
ENSA & CYSL	U9/U10	7v7	4	2 25-minute halves	10	YES	Conform to FIFA	Unlimited at any stoppage - no subs on PK
Heading	U9/U10	Deliberate heading is not allowed. A deliberate header shall result in an IFK awarded to the opponent at the spot of the infraction. If a deliberate header occurs within the goal area, award IFK on the goal area line parallel to the goal line at the nearest point to where the infraction occurred.						
Punting	U9/U10	Punting and drop kicks are not allowed. GK's should roll, pass or throw the ball into play. Early in the season - award a do-over. If GK punts the ball, award IFK from spot of offense. If GK punts ball within the goal area, award IFK on the goal area line parallel to the goal line at the nearest point to where the infraction occurred.						
Build Out Line	U9/U10	The build out line is halfway between the halfway line and the penalty area line. Opponents must move behind the build out line when the GK has possession or a goal kick is awarded. Infringement by opponents will result in the GK retaking possession and distributing the ball again. On a goal kick, the ball is in play once it leaves the penalty area.						
Offside	U9/U10	Players can ONLY be penalized for an offside offense between the build out line and the goal line.						
ENSA	U11/U12	9v9	4	30	10	YES	Conform to FIFA	Unlimited at any stoppage - no subs on PK
CYSL	U12	9v9	4	30	10	YES	Conform to FIFA	Unlimited at any stoppage - no subs on PK
Heading	ENSA U11	Deliberate heading is not allowed. A deliberate header shall result in an IFK awarded to the opponent at the spot of the infraction. If a deliberate header occurs within the goal area, award IFK on the goal area line parallel to the goal line at the nearest point to where the infraction occurred.						
CYSL	U14	11v11	5	35	15	YES	Conform to FIFA	see below*
ENSA	U13	11v11	5	35	15	YES	Conform to FIFA	see below*
ENSA	U14/U15	11v11	5	35	15	YES		
ENSA	U17/U20	11v11	5	45	15	YES		

\*Substitution:

Unlimited with consent of Center Referee:

Both teams shall be permitted to sub if players from either or both teams are at the center flag when substitutions are allowed:

Both teams may sub on throw-ins and corner kicks ONLY if the team in possession has a player at the center flag

## Fall 2018 - Club Passes will be allowed in ENSA & CYSL

For ENSA & CYSL - Each coach will be required to bring a roster (of their team only - referred to as League Player Roster) to give to the referee at the game. Players that are using a club pass for that game will be noted with a **CP** next to their name. Player & Coach Passes should be checked against the roster. Those players noted with **CP** will need to be reported on the game report and also file a NO PASS report with NSSA. Any missing player passes for players listed as primary or secondary on the roster should also be reported on the game report and a NO PASS report filed with NSSA. A valid paper pass must have a current picture and be laminated. Digital passes are acceptable. **CP** players will not have a paper or digital pass ( \* **CP** and missing passes must be reported with a first & last name. )

***All Goals must be anchored or the game is cancelled. Player safety first!***

***ALWAYS CHECK GAME STATUS PRIOR TO YOUR GAMES***

***Sometimes games are cancelled or moved to different fields on game day for reasons other than weather.***

**Game Status Numbers:**

**ENSA**

**CYSL**

**402-216-0124**

**402-216-0115**

[www.ensa.us](http://www.ensa.us)

[www.cysl.net](http://www.cysl.net)

**www.HeyRef.us Mary Gene Wepfer - Referee Assignor 402-597-2426**

Check your online schedule prior to game to record League and Game Number

Print a game card for your use - print from your HEYREFschedule and all details will be included

**Reminder: No slide tackling in CYSL games - see website for more info**