

U13 thru U19 ENSA

11 v 11

Playing Rules - Effective Fall 2016

Number of Players	11 v 11	Maximum 10 field players + 1 GK 7 players must be present to start a game
Roster Size	22 18	Maximum May be suited for play on the bench at game time
Field Dimensions	Conform to FIFA.	
Markings	Conform to FIFA.	
Goals	Conform to FIFA.	Goals must be anchored securely to the ground.
Restarts	Conform to FIFA.	
Ball	Size 5	
Duration of play	All age groups U13/U14 U15/U16 U17/U18/U19	15 minute half time Two 35 minute halves Two 40 minute halves Two 45 minute halves
Substitution	Conform to FIFA.	Unlimited Substitution