

U11-U12 ENSA
Small-sided Games
Modified Playing Rules - Effective Fall 2016
For complete rules www.nebraskastatesoccer.org

Number of Players	9V9 Maximum 8 field players + 1 GK 6 players must be present to start a game
Roster Size	18 Maximum
Field Dimensions	Rectangular: Between 70-80 yards by 45-55 yards recommended
Markings	Penalty area of 36 yards (width) by 14 yards (length). Penalty spot shall be 8 yards from the goal line. Center circle and penalty spot shall have a radius of 8 yards.
Goals	6.5X18.5 are recommended. 6X18 and 7X21 are acceptable. Goals must be anchored securely to the ground.
Goal Area	Conform to FIFA.
Penalty Area	The Penalty Area: A penalty area is defined at each end of the field as follows: Two lines are drawn at right angles to the goal line, fourteen (14) yards from the inside of each goalpost. These lines extend into the field of play for a distance of fourteen (14) yards and are joined by a line drawn parallel with the goal line. The area bounded by these lines and the goal line is the penalty area. Within each penalty area a penalty mark is made eight (8) yards from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of eight (8) yards from each penalty mark is drawn outside the penalty area.
Flag Posts	Conform to FIFA.
Corner Arc	Conform to FIFA.
Ball	Size 4
Duration of play	30 minute halves - 10 minute half time
Offside	DOES APPLY Conform to FIFA
Free Kicks & Corner Kicks	Conform to FIFA with the exception that all opponents are at least 8 yards from the ball.
Start & Restart of Play	Conform to FIFA.
Headers	Not permitted for U11. A deliberate header shall result in an indirect free kick awarded to the opponent at the spot of the infraction. If a deliberate header occurs within the goal area, an indirect free kick is awarded on the goal area line parallel to the goal line of the nearest point to where the infraction occurred.
Fouls & Misconduct	Conform to FIFA.
Substitutions	UNLIMITED and at any stoppage. No substitutions on penalty kicks.
Penalty Kicks	Conform to FIFA with the exceptions that the penalty mark is at eight yards and that players other than the kicker and defending goalkeeper are at least seven (7) yards from the penalty mark.
Throw-In	Conform to FIFA.
Goal Kick	Conform to FIFA.
Ball In & Out of Play	Conform to FIFA.
Method of Scoring	Conform to FIFA.